

The MING

RESTAURANT

*Authentic Cantonese Cuisine
Since 1976*

Menu

Starters

1. **San Choy Bow lettuce parcels** 17.80
(serves 2, \$4 for each extra person)
2. **Juicy Garlic King Prawns** 16.80
3. **Oyster Steamed naturally with Black Bean dressing *** 16.80
4. **Squid, chilli, salt and pepper** 12.80
5. **Spring Roll (2)** 🌿 4.80
6. **Seafood Seaweed Wraps, lightly pan-fried (2)** 6.80
7. **Shrimp, Seafood & Mango Rolls (2)** 🌿 8.80
8. **Steamed traditional Hong Kong style Dim Sim (4)** 🌿 6.80
9. **Steamed Prawn Dumplings in a Rice Pastry (4)** 7.80

Soups

1. **Hot & Sour (seafood, mushroom, bamboo and tofu bits)** 8.50
2. **Seafood Tofu broth** 8.50
3. **Beef with Coriander** 7.50
4. **Our own Chicken n' Sweet Corn** 7.00

Seafood

1. **Tasmanian Salmon *** 22.80
Grilled with a light celery and coriander dressing in soy
2. **Steamed Salmon Fillet with Black Bean and Soy dressing *** 22.80
3. **Catch of the Day Spicy Fish Slices** 22.80
Succulent fish slices, lightly battered and tossed with peppers
4. **Braised Seafood Basket** 31.80
Prawns, scallops, fish, squid with an assortment of vegetables, oyster soy, in a crisp bird's nest
5. **Seafood Combination** 29.80
Prawns, scallops, fish, squid with an assortment of vegetables, oyster soy
6. **Garlic King Prawn** 29.80
Aromatic, juicy prawns cooked just right and served on a sizzling plate
7. **Singapore Prawns** 29.80
Red saucy, chilli prawns cooked mild or hot (for the daring!)
8. **Prawn n' Cashews** 29.80
Prawns, cashew & diced veges
9. **Satay Prawns** 29.80
Prawn with a creamy, nutty satay sauce
10. **Honey Prawns** 29.80
King prawns coated in light batter and deep fried in honey sauce
11. **Prawn with Seasonal Vegetable** 29.80
King prawns, mushroom, fresh veges in a hearty oyster sauce

Main Dishes

1. **Traditional Peking Duck (serves 2 over 3 courses) *** 68.00
First thin pancakes, duck layers, shallots rolled in Hoisin sauce followed by lettuce parcels of duck fillet mince, carrot, celery and vermicelli finished with a hearty special duck dish by our chef. (\$5 for each extra person)
2. **Roast duck** 26.80
In house roasted to perfection in sweet soy bean sauce and pineapples
3. **Steamed Duck Deluxe** 35.80
Duck breast steamed over a low fire, served on top of prawns, scallop, mushroom and a splash of chinese brandy
4. **Our very own Lemon Chicken** 22.80
Thin chicken breast strips, crumbed and drizzled in a tangy lemon vinaigrette
5. **Roast Chicken** 22.80
Chicken marinated with Garlic, Ginger and Rice wine, roasted to crispy perfection served with a pinch of our special salt
6. **Chicken Deluxe** 29.80
Chicken fingers battered with a thin almond coated prawn paste served with a sweet chilli dip
7. **Chicken Satay** 22.80
Tender chicken pieces with a creamy, nutty satay sauce
8. **Chicken n' Cashew** 22.80
Chicken, cashews & diced veges
9. **Honey Chicken** 22.80
Chicken pieces coated in light batter and deep fried in honey sauce
10. **Steak with Black Bean Sauce** 22.80
Beef strips, baby corn, capsicum, string beans
11. **Chicken with Seasonal Vegetables** 22.80
Tender chicken, fresh green veges in a hearty oyster sauce
12. **Fillet Steak** 32.80
Tender fillet slices with black pepper, a touch of honey served on a sizzling plate
13. **The one and only Szechuan Beef** 23.80
Mouth size beef strips in a mild or hot, red, plum sauce (deep-fried, but very yummy!)
14. **Beef Satay** 22.80
Beef strips with a creamy, nutty satay sauce
15. **Steak with Seasonal Vegetables** 22.80
Beef strips, fresh veges in a hearty oyster sauce
16. **Curry Chicken/Beef** 22.80
Tender chicken or beef pieces in our homemade creamy curry sauce
17. **Ming's spare Ribs (of course!)** 22.80
Serious finger licking pork chops marinated with rice wine and cooked in red, sweet plum sauce
18. **Home made Sweet n' Sour Pork / Chicken / Fish 🍷** 22.80
All natural tomato base, red vinegar, Hawaiian pineapple, onions and capsicum
19. **Mongolian Lamb** 27.80
Lamb fillet slices with string bean in a mild or hot Chilli bean sauce
20. **Garlic Lamb** 27.80
Lamb fillet slices with snow pea, garlic in sizzling plate
21. **Omelette**
Combination (Prawn, Chicken and Pork) 20.80
Chicken 19.80
King Prawn 25.80

Vegetarian Dishes

1. **Tofu Mushroom Soup** 5.50
2. **Spring Rolls (2)** 🌿 4.80
3. **Mushroom Veg Omelette** 17.80
4. **Seasonal Mix Vegetables** 15.80
Stir Fried in Oyster Sauce, or Naturally Steamed
5. **Tofu and Mushroom** 17.80
Beancurd & Vegetables in a hot Claypot
6. **Vegetarian Fried Rice** 12.80
7. **Mixed Vegetable Noodles** 17.80

Sides

1. **Mixed Vegetables** 15.80
2. **Stir Fried Snow Peas** 16.80
3. **Garlic Pak Choy (Chinese Veg)** 15.80
4. **Steamed White Rice (per person)** 2.80
5. **The Ming Fried Rice** 12.80 15.80
6. **Singapore Rice Noodle** 17.80
Thin rice vermicelli with prawns, pork, sprouts in a light curry flavour
7. **Kway Teow** 17.80
Flat rice noodles with prawn, chicken, pork & sprouts
8. **Hong Kong Egg Noodles (thin egg noodles)**
with Chicken or Steak Strips 22.80
with Prawns or Seafood mix 26.80

Dessert

1. **Mango Pudding - Light & Fluffy** 5.80
2. **Banana Roll and Macadamia Ice Cream** 🌿 5.80
3. **Coconut Pudding and a lovely Chocolate Sauce** 5.50
4. **The Ming's Special Fried Ice Cream and Fresh Fruits** 🌿 6.00

Hot Drinks

1. **Flat White, Cappuccino, Latte, Espresso, Long Black** 4.20
2. **Hot Chocolate, Mocha, Macciato** 4.80
3. **Tea (English Breakfast)** 4.20
4. **Herbal Teas (Mint, Carmomile, Chrysanthemum)** 4.20
5. **Chinese Tea (Jasmine, Tikuanyin) (per person)** 3.50

Keys

🌿 - Gluten

* - Seasonal or subject to availability

Banquet 1 (2-3 people)

Chicken Sweet Corn Soup
Seafood Rolls
Garlic King Prawns
Szechuan Beef
Ming Fried Rice

\$38.00 per person

Banquet 2 (4-5 people)

Chicken Sweet Corn Soup
Oriental Flatter (Seaweed Rolls, Chilli Squid, Dim Sims)
Fillet Steak with Black Pepper & Honey Sauce
Seafood Basket
Boneless Lemon Chicken
Ming Fried Rice
Coconut pudding
Coffee or Tea

\$35.00 per person

Banquet 3 (6-10 people)

Chicken Sweet Corn Soup
Oriental Platter (Seaweed Rolls, Chilli Squid, Dim Sims)
Boneless Lemon Chicken
Seafood Basket
Szechuan Beef
Fillet Steak with Black Pepper & Honey Sauce
Ming Fried Rice
Coconut pudding
Coffee or Tea

\$35.00 per person